



# Managing the Cost of Living Increase

**With the increase in National Insurance, Energy Bills and other essential living costs this year, most people are going to feel the effect on their finances.**

**This 1-hr webinar will help employees to manage the increased costs to reduce money stress.**

## **This workshop will cover:**

- ✓ The cost increases to expect
- ✓ Planning your budget
- ✓ Tips to reduce costs
- ✓ Maximising income
- ✓ Managing debt
- ✓ Help available
- ✓ Creating good money habits

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Better with Money was set up to reduce financial misery and confusion in the UK. We aim to bring money matters to life in an accessible and interesting way, delivered in the workplace to employees helping them think clearly about money so they are less stressed.

We have a national team of trainers with extensive financial experience. We use our expert knowledge combined with a sense of reality and fun to keep people motivated and we take feedback from our face to face and web based courses to ensure we are constantly delivering relevant, useful and high quality content

**We promise not to sell your staff any other services or products. Our focus is to deliver independent employee education for positive change and financial wellbeing.**

