



Retirement in Sight

Workshop Suitability:  UK 2-hr, 3-hr, or 3 x 1-hr sessions

There are many things to consider when planning for retirement, which often makes people feel overwhelmed and underprepared. One of the biggest dilemmas for those approaching retirement today is balancing the life they want to live now with the life they hope to live in retirement.

We look at a wide range of retirement issues in a gentle, supportive environment.

This workshop will cover:

- **You:** retirement today, thoughts and emotions around retirement, dealing with relationships and change!
- **Money:** how to prepare and understand state & private pensions, taxes and why it is important, savings, protection, wills and other money matters, how to work with a financial advisor
- **Health:** mind, body, and nutrition
- **Time:** social, voluntary or paid work, leisure



Better with Money was set up to reduce financial misery and confusion in the UK. We aim to bring money matters to life in an accessible and interesting way.

We promise not to sell you any other services or products. Our focus is to deliver independent employee education for positive change and financial wellbeing.

